

# Taste on the lips ... Kind on the hips



#### **APPETISERS**

Spiced Papadom £0.80 Raitha £1.90 Chutney Tray £1.90

#### **STARTERS**

All starters served with salad

Poultry		Seafood	
Tandoori Chicken GF	£3.95	King Prawn Tandoori GF	£5.905
Chicken Tikka GF	£3.95	Salmon Tikka GF	£5.95
Garlic Chicken Tikka GF	£3.95	Fish Delight GF	£3.60
		King Prawn Bhuna	£5.95
Vegetables		Prawn Bhuna	£4.60
Cauliflower Chilli Fry	£3.50		
Garlic Mushrooms GF	£3.50	Specialities	
Paneer Tikka	£3.50	Mixed Starter (Chicken Tikk	a,
		Lamb Tikka, Sheek Kebab)	£5.60
		Sheek Kebab GF	£3.95
		Lamb Tikka GF	£3.95

#### **MAIN COURSES**

#### TANDOORI - CLAY OVEN GF

All Tandoori dishes are marinated in a special sauce mixed with herbs and spices, then cooked on a skewer and served with salad

Tandoori Chicken GF	£9.90	Chicken Tikka GF	£9.70
Tandoori Mixed GF	£11.15	Chicken Tikka Shashlick	GF <b>£11.15</b>
Tandoori King Prawns GF £14.15		Lamb Tikka Shashlick	GF <b>£11.15</b>
Salmon Tikka GE	£14.15		

#### PANFFR GE

This dish is created from Paneer which is a home made cottage cheese and cooked in a medium spice sauce

Chicken or Lamb GF	£9.70	Tandoori Chicken GF	£9.70
Prawn or Vegetable GF	£9.70	King Prawn GF	£14.15
Chicken or Lamb Tikka GF	£9.70	King Prawn Tikka GF	£14.15
Mixed Tikka GF	£13.75	_	

#### **CHEF'S SPECIALS GF**

Shashlick Karahi (Chicken or Lamb) GF	£11.15
Duck Tikka Sizzling	£11.15
Garlic Chilli King Prawn GF	£14.15
Podina Lamb GF	£9.90
Slightly hot dish cooked with garlic, onions, ginger, tomato puree	and a touch

of yoghurt with fresh garden mint (recommended aromatic lamb dish)

## **SLIM INDIA FAVOURITES GF**

CHICKEN TIKKA SIZZLING GF
Chicken Tikka stir-fried with onions and peppers in a medium spicy sauce
£11.15

CHICKEN TIKKA SHAHI GF £9.90

Succulent Chicken Tikka cooked with sauce with Keema (minced), onions and tomatoes

£14.15

TASTE OF GOA GF Marinated King Prawns with plenty of garlic

ACHARI GOHST GF £9.70

Lamb marinated in a spicy pickle and cooked in a thick sauce with fresh herbs and spices, garnished with fried onions and fenugreek

SAG GOHST GF £9.70

Spicy Lamb cooked with spinach to produce a unique dish with a drier consistency

METHI LAMB OR CHICKEN GF £9.70
This special combination of herbs, spices and tender lamb produces a delightfully savoury curry

with a distinctive flavour

**BALTI EXOTICA** GF
Chicken, Lamb and Prawn in a medium balti sauce with fresh herbs and spices

SLIM INDIA SPECIAL (CONTAINS EGG) GF £14.15
Tandoori Chicken in a thick spicy Keema (minced lamb) sauce with garlic, medium spices.

CHICKEN TIKKA SAGWALA GF
Tandoori Chicken in a medium sauce with fresh garlic and spinach

**ZAMDANI LAMB** GF £11.15
Lamb cooked with minced lamb, potatoes, green chillies, capsicum & tomato. Fairly hot

SILSILLA THAWA GF £12.15

Medium hot Chicken breast stir-fried with Lamb, mushroom, capsicum, tomato

SOUTH INDIAN GARLIC GF £9.70

Succulent Chicken or Lamb Tikka prepred in a delicious medium hot curry sauce made with plenty of fresh coriander, garlic, green peppers, tomatoes and blended spices

BALTI CHICKEN DELIGHT GF £9.70

A wide variety of tandoori spices & herbs cooked together with marinated boneless chicken & chopped onions to produce a dish of exceptional flavour, although medium in strength

BALTI JAFFRANI GF £9.70

Chicken tikka cooked with onions, red peppers, herbs & aromatic balti flavoured sauce with fresh lemon

BALTI ROSHUN GF
Balti style dish using freshly chopped garlic, a few light green chillies, plum tomatoes, herbs

and spices (recommended if you are going vampire hunting)

DALL GOST LENTIL GF

Cooked with mashed onions, fresh green peppers, coriander, green chillies to give a truly home

style taste. Hot

LEMONI COCKTAIL GF

Chicken, Lamb & Prawn Tikka cooked with lemon pieces blended into a slightly hot spicy sauce

CHICKEN MASSANI JHAL GF £9.90

Stir fried Chicken cooked in a hot spicy naga sauce, tomato, red peppers, chopped onions, herbs & coriander leaves. Hot

### TRADITIONAL MEALS

#### **BALTI**

(Medium)

Balti Dishes are cooked and served in a mouth watering sauce of exotic fresh herbs & spices

#### **IALFREZI**

(Fairly Hot)
Cooked with fresh chilli, ginger,
capsicum, onion and tomato,
delicately spiced

#### **KORAHI**

Cooked with capsicum, tomato, onion and fresh ginger, delicately spiced

#### **MADRAS**

(Fairly Hot)

Great proportions of spices, which lend a fiery taste to its richness

#### **SAMBA**

(Slightly Hot) Similar to Dansak with a sharper distinctive taste

#### BHUNA

(Medium)
Onions, herbs, tomatoes and a variety
of spices

#### **PATHIA**

Sweet, sour & hot dish prepared with garlic, onions and a variety of herbs, garnished with a sliced lemon

#### **GARLIC**

Fresh garlic, capsicum, coriander created with medium spices

#### **DUPIAZA**

(Medium)

Medium strength with onions, green peppers, producing a very distinctive taste

#### **ROGAN JOSH**

(Medium)

Tomato, garlic, onions, fennel & mustard seeds with herbs & spices

#### **SAAG**

Wide variety of oriental spices, rich flavour, Saag (spinach) in the base of this dish

#### **DANSAK**

Mixture of spiced lentils, galric, milk & pineapple. A sweet & slightly sour dish.

#### **Filling Options:-**

£8.50	King Prawn	£14.15
£8.50	Chicken Tikka	£9.50
£8.50	Lamb Tikka	£9.50
£8.50	Mixed	£11.15
	£8.50 £8.50	£8.50 Chicken Tikka £8.50 Lamb Tikka

#### **BIRYANI**

Medium - Biryani dishes are cooked with basmati rice, flaked almonds, sultanas, spices & herbs accompanied with an omelette and cucumber slices

Chicken GF	£9.70	Vegetable GF	£8.50
Lamb GF	£9.70	Chicken Tikka GF	£10.95
Mixed GF	£11.15	Chicken & Mushroom	GF <b>£9.70</b>
Prawn GF	£9.70	King Prawn GF	£14.15

### FISH SPECIALS GF

Fish Zalzala GF

£8.90

Stir fried pieces of cod with hot spices, chopped onions & fresh green chillies

Fish Karahi GF

£8.90

Delicately prepared with fresh herbs & spices, cooked with onions, capsicums & garnished with fresh coriander

Fish Chilli Garlic GF

£8.90

A dish prepared in thick garlic sauce with herbs, green chillies, capsicum

# ENGLISH & CONTINENTAL DISHES

Speedy Omelette £9.50 Prawn Omelette £9.50 Chicken Omelette £9.50 Roast Chicken £9.50 Mushroom Omelette £9.50

### **VEGETABLE SIDE DISHES**

Mushroom Bhaji GF	£4.50	Gobi Bhaji GF	£4.50
Bhindi Bhaji (Okra) GF	£4.50	Saag Bhaji GF	£4.50
Saag Paneer (spinach & cheese) GF	£4.90	Bombay Aloo (potato)	£4.50
Matar Paneer (peas & cheese) GF		Saag Aloo (potato & spinach)	£4.50
Aloo Gobi (potato & cauliflower)	£4.50	Aloo Dum (potato, onion & rice flake)	£4.50
Aloo Methi (potato & fenugreek)	£4.50	Mixed Vegetable Bhaji G	£4.90
Tarka Dhal GF	£4.50	Any Curry Sauce	£3.95
Dhal Makhani	£4.90	, ,	



# **SET MEALS**

# MEAL 1 - FOR COUPLES

2 Spiced Poppadoms, Selection of Chutneys, Garlic Mushrooms,

Chicken Tikka Saguala (mild), Lamb Karahi (medium), Tarka Dhal, Mushroom Pilau Rice, Bombay Potatoes, Naan, Roti

# MEAL 2 - FOR TANDOORI LOVERS

2 Spiced Poppadoms, Selection of Chutneys, Lamb Tikka Seekh Kebab, Chicken Tikka,

Tandoori Chicken, Tarka Dhal, Special Pilau Rice, Keema Naan, Mixed Vegetable Bhaji, Bhuna Sauce, Chapatti

#### **SALAD SPECIALS**

Chicken Tikka Green Special	£8.95
Tandoori King Prawn Salad	£11.95
Egg Salad	£6.95
Prawn Salad	£7.95
Vegetable Salad	£6.95

# RICE FRESH BREADS Naan Bread (plain) £2.80

Boiled Rice	£2.70	Naan Bread (plain)	£2.80
Mushroom Pilau Rice	£3.95	Onion Kulcha Naan	£3.60
Egg Pilau Rice	£3.95	Garlic Naan	£3.60
Coconut Pilau Rice	£3.95	Speedy Naan	£3.60
Garlic Pilau Rice	£3.95	Tandoori Roti	£2.90
Pineapple Rice	£3.95	Chapatti	£1.95
Chana Rice	£3.95	-	
Lemon Rice	£3.95		

£3.95

£3.95

Speedy Rice

Onion Rice



# Fully Air Conditioned Licensed Restaurant & Takeaway



Offering the high standards of freshly prepared dishes using the finest ingredients

## All meals are low Calorie

A great way of enjoying a curry while on a diet

We can alter and change the dishes to your requirements, and don't forget we offer gluten free & nut free options too.

98 Main Street, Frodsham, Cheshire, WA6 7AR